

PE Extra Curricular Activities - Term 1



	Boys	Girls	Mixed
Monday	Rugby (Year 7)	Netball (Year 7) Hockey (Year 8 & 11)	Badminton (Year 8 & 9) Table Tennis (Year 8 & 9) Basketball – Lunchtime (Year 10 & 11)
Tuesday	Rugby (Year 8 & 10)	Football (All Years) Fitness – Lunchtime (Year 10)	Badminton (Year 7) Yoga (Year 10 & 11)
Wednesday	Fitness – Lunchtime (Year 10)		Badminton (Year 10 & 11) Fitness (Year 10 & 11)
Thursday	Rugby (Year 9)	Netball (Year 8 & 9) Rugby (All Years)	Basketball – Lunchtime (Year 7, 8 & 9) Fitness – Lunchtime (Year 11)
Friday		Netball (Year 10 & 11) Hockey (Year 7)	GCSE PE Club (Year 10 & 11 GCSE PE) GCSE Table Tennis (Year 10 & 11 GCSE PE)

All Clubs are after school unless otherwise stated



Remember all of these activities can be used for your D of E Physical Section.
Please let the session leader know if you are intending to do this so they are aware.
This makes it easier for them to fill in your report at the end of your 3 or six months.