

YEAR 11 PARENT INFORMATION EVENING

“Sticking with it!”

ENCOURAGING A “GROWTH MINDSET”

- People with a **growth mindset**, believe that their most basic abilities can be developed through dedication and hard work—brains and talent are just the starting point.
- This view creates a love of learning and a resilience that is essential for success
- Virtually all great people have had these qualities

Fixed Mindset

Look clever at all costs

When responding to setbacks, hide mistakes and deficiencies / blame others for failure

Success comes naturally / is based on talent

Growth Mindset

Learn at all costs

When responding to setbacks, confront and learn from mistakes and deficiencies

Work hard, effort is key



McEnroe Excuses:

- Temporary Insanity
- My friend was in love and I wasn't
- Too hot
- Too cold
- I was over-trained
- I was too chunky
- I was too thin

**THERE IS NO
SUBSTITUTE
FOR HARD WORK**

Thomas Edison

THINGS WE HEAR.....

This topic / subject is too hard – I keep making mistakes and getting it wrong	I'm no good at Maths / Art / Science etc.
I can't do this	I'm no good at revising, I can never remember things
I'm not clever enough to do this. I've tried really hard and I still don't get it	I got a C. I'm happy with that (from a student with a target grade of an A)
I did really badly in that test	

SUPPORTING YOUR CHILD THROUGH THE EXAM PERIOD

- Make sure you know when your child's exams are – pin a copy of their exam timetable to the fridge, put reminders on your phone and so on
- Go through your child's revision timetable with them and make sure that they know that you know what they “should” be doing!
- Quiz your child – lots of people remember things better if they are able to talk about them
- Make sure your child is being healthy – sleep, diet, hydration & fun
- Support and cajole in equal measure 😊